



Aldergrove Public School
150 Aldergrove Dr.
Markham, ON.
L3R 6Z8

905.470.2227

aldergrove.ps@yrdsb.ca

Twitter: @aldergroveps



To advance student achievement and well-being through public education, which motivates learners, fosters inclusion, inspires innovation and builds community.

Vision

To be a leader in public education by empowering all students to become engaged and caring citizens of the world.

APS - Seven Values

Citizenship
Empathy
Inclusivity
Innovation
Relationships
Self-Awareness
Optimism

Inspire Learning!

Aldergrove Public School Community Newsletter October 14, 2022, Vol.4

Message from the Office

Last night we had our first School Council Meeting for the year and this included elections for Council executive positions. We appreciate the efforts of Ivy Lo who translated the proceedings for our families. We are pleased to announce our results of the School Council Elections:
Co-secretaries - Anthea Bailie and Prakash Nadesparan.
Treasurer - Carol Ye.
Council co-chairs - Maxine Knight and Shahida Fazel.

This is a positive step in building a collaborative community that blends voices of experience and innovation together. The next School Council meeting will be on Thursday December 1, 2022 at 6:30pm. All parents are invited to attend.

As part of recognizing Islamic Heritage Month, scholars selected a version of "O Canada" performed in arabic. This is an example of acknowledging contributions of diverse Muslim Canadians. We continue to engage in different ways of connecting and affirming the identities of our Muslim scholars and welcome input from families to share in this learning partnership.

We are excited to continue the learning journey with you at Aldergrove. Our priority remains building safe spaces where scholars feel like they matter and belong, and prioritizing an engaging and inclusive learning space for all.

Ms. Jessa
Principal

Mr. Pamayah
Vice Principal

October

Islamic Heritage Month

2SLGBTQI+ History Month

International Walk to School Month

Women's History Month

Please let us know at the office if you can support our efforts to create identity affirming spaces for our scholars.

Up and Coming

October 18 - Markham Public Library Visit

October 20 - Purple Spirit Day & Paint Night with Sajida Chajpar

October 21 - PA Day (No School)

October 24 - Diwali

October 31 - Halloween

November 3 - Welcome to Aldergrove at 6:30pm
November 8 - Grade 7 Immunizations
November 10 - Grade 2s at Milne Outdoor Ed Ctr
November 11 - Remembrance Day/ Grade 2s at Milne Outdoor Ed Ctr
November 17/18 - Parent Teacher Interviews

Aldergrove's Hot Lunch Program

Tuesday: Sub Lunch
Wednesday/Friday: Pizza Lunch
Thursday: Hot Lunch by Lunch Lady, order [online](#) by every Wednesday.

Self-Screening Process

Self-Screening Process: TO BE DONE DAILY Every day students will need to screen for COVID-19. Follow the directions to ensure the safety of all the members of our school community.

School Council

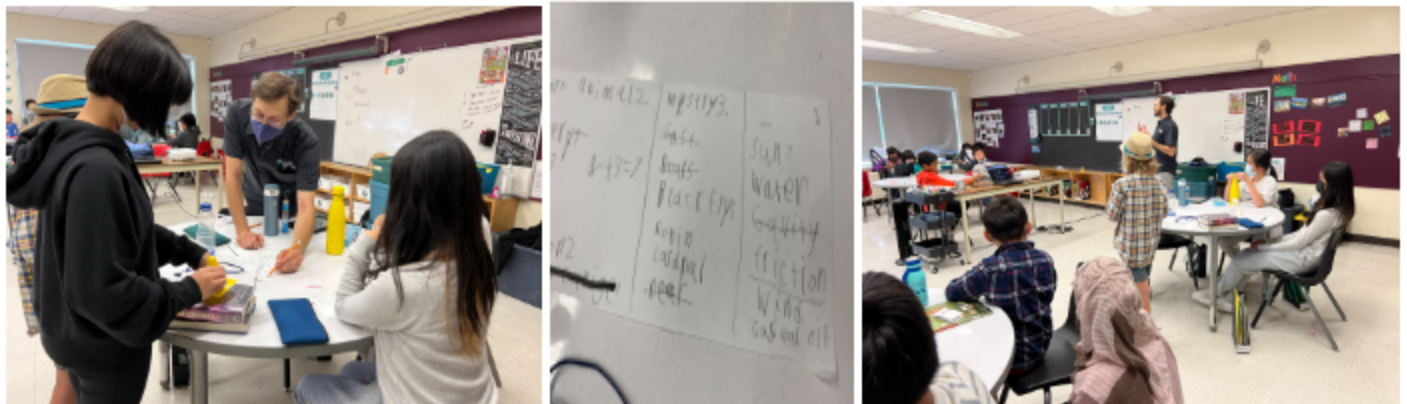
The School Council is excited to welcome all new and returning families of the Aldergrove Community. We are looking forward to reconnecting in person and reigniting the community spirit this year!

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation is provided at each meeting.

Thursday, December 1, 2022
Thursday, February 23, 2023
Thursday, May 18, 2023

TRCA Grade 5 Workshops

Our grade 5 scholars participated in a workshop led by Toronto and Region Conservation Authority (TRCA). They enjoyed learning about different forms of energy and how we consume energy. It was great to benefit from the expertise of TRCA.



Arrival

We are encouraging all scholars to arrive on-time in the morning. The line-up bell rings at 8:25 and scholars are invited to come into the school at this time to begin announcements, the Land Acknowledgement and O Canada. Arriving late delays the start of the day and classroom room learning.



Elementary School Dental Screening Program

York Region Public Health has resumed the dental screening program in schools. Public health staff will begin visiting Aldergrove on December 12, 13 and 14, 2022.



Bus Loop Safety

Please do not park and leave your vehicle in the "Kiss-and-Ride" or Bus Loop as it can be unsafe for arrival and dismissal.

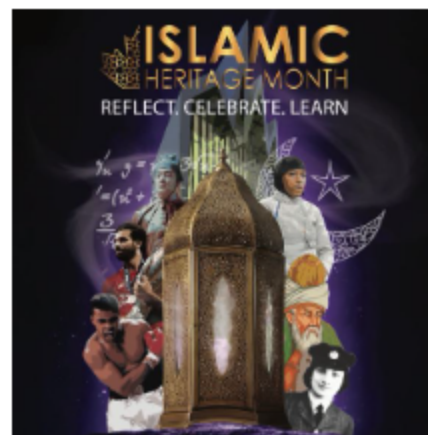


[Grade 8 Open House Information Nights](#)

Our YRDSB high schools offer a number of programs, including IB and Arts. Please see the link for more information for open house information nights at our high schools and information about the [transition to Secondary School](#).

October is Islamic Heritage Month

The month of October is Islamic Heritage Month, which was officially established by the Canadian government in 2007. Islamic Heritage Month is a great opportunity to learn about the rich history of Islam, the vast diversity within Islam, and to break down stereotypes and beliefs that interrupt our goals of inclusion. Students can engage in activities and learning opportunities that celebrate this heritage, and will serve as an entry-point for inclusion and affirmation of Muslim identities throughout the year. Islamophobia continues to be a significant barrier to the well-being and academic success of students who are Muslim or assumed to be Muslim. York Region District School Board's commitment to equity as a foundational practice recognizes that equitable access to opportunities and success for underserved and underperforming students can only be actualized when biases, barriers, and power dynamics are intentionally disrupted and eliminated.



Crossing Guard Needed:

Our Crossing has retired. Any interested community member who would like to support our school community outside during pick up and drop off, please speak to Ivy Lo or Myrna Habbib in the office at (905) 470-2227.

October is 2SLGBTQI+ History Month.

October is 2SLGBTQI+ History Month, to commemorate the impact that Two Spirit, lesbian, gay, bisexual transgender, queer, questioning, intersex and individuals with related identities have had in our local communities, nationally and internationally. It is an opportunity to build awareness of the contributions the 2SLGBTQI+ community has made in Canada and abroad. Thursday, October 20th is Purple Spirit Day. Students and staff are encouraged to wear the colour purple to show their support for 2SLGBTQ+ youth and take a stand against Bullying.



Cross-Country

Our grade 4-8 students have been training for Cross-Country Running. Here is a report written by one of our Grade 5 scholars about her experience with Cross Country.

This year I was excited to join the Cross Country club. During practice time, I felt that I would be able to run the distance but when I started practicing I realized that I really had to run. My parents encouraged me and told me to pace myself as I run. They said not to run too fast in the beginning and to save my energy to speed up towards the end of the race. I felt that I was ready and that I would do well at the meet. When we got to the competition there were so many people. I was nervous but I was happy that my Dad came to cheer for me. I was so proud of myself. I crossed the finish line and I was number 26 out of about 100 racers. I did not qualify for the regionals but I was proud of myself for trying cross country this year.

Lauryn, Grade 5





PARENTING SESSIONS

Let's talk about it!

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

We welcome parents, guardians, caregivers and community members to attend these virtual sessions!

October 6, 2022 | 10:00 a.m. – 11:30 a.m.

Raising Resilient Children

For parents of children 0-12 years of age. This session will focus on how to ensure a safe and engaging environment for children with strategies to: recognize and accept feelings, express their feeling appropriately, build positive feelings, deal with negative feelings and deal with upsetting or stressful events.

[REGISTER NOW](#)

October 12, 2022 | 10:00 a.m. – 11:30 a.m.

Raising Responsible Teens

For parents of children 12+. What makes teens tick! This session will focus on how to encourage your teen the following skills to make good decisions, being respectful and considerate, getting involved in family activities, being reliable and developing a healthy lifestyle.

[REGISTER NOW](#)

October 19, 2022 | 10:00 a.m. – 11:30 a.m.

Raising Confident Teens

For parents of children 12+. This session will focus on different aspects of teaching teenagers to become confident and successful in school and in the community. You'll be given specific strategies to teach your teen the following skills: establishing good routines, getting involved in school activities, being a good problem solver, having supportive friends and taking part in family decision-making.

[REGISTER NOW](#)

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



This free parent presentation is brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information contact: Oksana Majaski, Community & Partnership Developer

Oksana.majaski@yrdsb.ca

ISLAMIC HERITAGE MONTH CREATIVITY & COMMUNITY

PAINT NIGHT WITH SAJIDA CHAGPAR

IN-PERSON AT ALDERGROVE PUBLIC SCHOOL



**FOR YRDSB STUDENTS IN GRADES 1 - 4
THURSDAY, OCTOBER 20TH,
FROM 5:30 PM TO 6:30PM**

REGISTER @ [HTTPS://FORMS.GLE/EZPUJCWZNPJZXKVY8](https://forms.gle/EZPUJCWZNPJZXKVY8)

Islamic Heritage Month

—◆◆◆—
Creativity & Community
—◆◆◆—



Storytime



with

Rishma Govani

For YRDSB students in Grades K - 5
TUESDAY OCTOBER 18th, 2022
from 5:30 pm to 6:00 pm



Registration @ <https://forms.gle/E1Ydepbfi2VjLTnJ9>

ISLAMIC HERITAGE MONTH

CREATIVITY & COMMUNITY



SPOKEN WORD
with
Sahara Mehdi

FOR YRDSB STUDENTS IN GRADES 7-12
THURSDAY, OCTOBER 20TH,
FROM 5:00PM TO 5:45PM.

REGISTER @ [HTTPS://FORMS.GLE/1DT6YJ87XVBSVA649](https://forms.gle/1DT6YJ87XVBSVA649)

YORK REGION 2022 ANTI-HUMAN TRAFFICKING CONFERENCE

INFORMING
Education & Awareness

ENGAGING
Collaborative Workshops

EMPOWERING
Take Action

Virtual Conference Dates: October 19, 20, 26, 27 | 6:00 p.m. – 9:00 p.m.

OUR COMMUNITY OUR FUTURE TAKING ACTION

Human Trafficking for the purpose of sexual exploitation is a prevalent issue and one of the fastest growing and most lucrative crimes worldwide and it is happening in York Region. It is predatory and devastatingly damaging to victims, survivors, their families and communities.

At the Anti-Human Trafficking York Region Conference, attendees will learn about what human trafficking is, signs and indicators, risk factors, laws, what we can collectively do to eradicate human trafficking in our communities and more.

Who Should Attend

Parents, Youth, Community Members, Newcomers to Canada, Educators & Support Staff, Law Enforcement, Immigrant Service Agencies, Social Services and Healthcare Providers.

Register Now For This Free Conference

DAY 1 (October 19th) [Registration](#)

Introduction to Human Trafficking
The Connection Between Homelessness & Human Trafficking
Youth in Care & Human

DAY 2 (October 20th) [Registration](#)

Childhood Experiences that put Children at Risk
How to Prevent Human Trafficking
Indigenous People & Human Trafficking
Criminal Justice System & Human Trafficking

DAY 3 (October 26th) [Registration](#)

Human Trafficking in York Region
Where I'm Headed (Interactive Activity)
Human Trafficking (Interactive Presentation)

Day 4 (October 27th) [Registration](#)

A Survivor's Story
Get to Know Community Agencies in York



York Region
Children's Aid Society
Société d'aide à l'enfant
de la région de York



Onzaagdaawenmag Bimoojijiyag
Child & Family Services

Markham Public Library

[Home](#) | [Catalogue](#) | [Digital Library](#) | [Blog](#)

WIN A \$100 AMAZON GIFT CARD

Celebrating Canadian Public Library Month!

Send us a photo of your kids with the MPL library card for a chance to win!

Each year October we celebrate Canadian Public Library Month. Help us celebrate your library this October by participating in our Library Kids Photo Contest. Simply take a photo of your kids with their MPL Kids Library Card at the library and submit it online. We will be doing a random draw at the end of the month and the lucky winner will take home a \$100 Amazon gift card.

Your kids will also be featured on MPL website and social media as little library ambassadors to help more people know about how amazing the library is.

Learn more about the contest on our [website](#).

[More Info](#)

NEED HELP?



Live Chat



Grab & Go Bag



Plan a Visit



Milliken Mills Community Centre & Library is Gradually Reopening

**Now Open:
Alex Chiu Pool**

**Opening October 8:
Arena**

**Opening Soon:
Hall, Activity Rooms and Library**

The wait is almost over!

Markham Recreation and Library staff are excited to welcome you back to Milliken Mills Community Centre & Library. We have been working hard to revitalize and modernize each amenity so that you can enjoy the community centre you know and love.

Currently, the centre will only be open during evenings and weekends due to staffing challenges.

Now Open:

- Alex Chiu Pool will be open on evenings and weekends for public swims.
 - This Fall, Markham Recreation Aquatics is facing significant part-time staffing shortages. These staffing challenges are not unique to Markham as surrounding municipalities are experiencing the same issues. We're actively recruiting aquatic - and other - staff to bring back the programs and services you know and love.
 - [Visit EZ Reg to pre-book your spot in a swim](#). Pre-booking is required.

Opening October 8:

- Arena will be open on Fridays and Sundays for public skating.
 - [Visit EZ Reg to pre-book your spot in a skate](#). Pre-booking is required.

Opening Soon:

- Hall and activity rooms
- [Library](#)

For the most up-to-date information visit markham.ca/recreation.

Convert your 10-Ticket Pass to a Timed Recreation Activity Pass:

10-Ticket Aquafit, 10-Ticket Aquatic, and 10-Ticket General/Sport/Family Activity Passes will expire December 31, 2022 and are nonrefundable.

10-Ticket activity pass holders must convert their unused admissions to a timed recreation membership between July 1, 2022 and December 31, 2022.

Each unused ticket/admission is equal to a seven-day recreation membership.

Family pass only — each unused ticket/admission is equal to a seven-day recreation membership for 2 adults and 2 children.

[Learn More and Convert](#)

Markham Recreation is Hiring



Are you looking for a fun new job?

Land one of the best jobs in Markham and get paid doing something you love, while staying fit.

Make new friends and build valuable skills that will set you apart in the workforce.

We're currently hiring the following positions:

- Lifeguard, Swim Instructor and Deck Attendant
- Front Desk Information Services Attendant
- Fitness Specialist, Assistant and Instructor
- Program Instructor
- Facility Maintenance Attendant

[Apply Now](#)

markham.ca/recreation



[View this email in your browser](#)

You are receiving this email because of your relationship with City of Markham. Please [reconfirm](#) your interest in

Upcoming Recreation Registration Dates



Winter Program Registration

November 29, 2022.



Winter Swimming Registration

December 4, 2022.

Pay-Per-Play Programs & Monthly All-Access Recreation Pass

Pay-Per-Play Swims & Skates:

Formerly known as drop-ins, we're now offering pay-per-play programs. Pre-book your spot today! New time slots are released every Monday at 8 AM (Tuesdays when Monday is a holiday). All activities are pay-per-use and pre-booking is required.

Pay-per-play lane and recreational swimming at Milliken start this week!

Monthly Recreation Activity Pass:

Get unlimited access to activities at your local community centre with a Recreation Activity Pass. One-month and three-month options are available.

The Recreation Activity Pass provides access to:

- endurance lane swims (at Markham Pan Am Centre),
- lane swims,
- recreational swims,
- public skating,
- Indoor playground,
- pay-per-play programs (i.e., badminton, basketball, pickleball, kendo), and
- Aquafit (with Aquafit add-on fee).

To purchase this membership please visit any of our community centres and our staff will be happy to assist you.

[View & Pre-Book Pay-Per-Play Programs](#)

BY-LAW AND REGULATORY SERVICES FALL NEWSLETTER

The City of Markham, Corporate Services Commission

THIS ISSUE'S FEATURED ARTICLES:

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Leaves - 2
Time Change - 2
Halloween Safety -
3
Bright Spots - 3



From the City of Markham's By-law Division!

BY-LAW AND REGULATORY SERVICES

Markham's Municipal Law Enforcement Officers provide enforcement services for all the City's Regulatory and Licensing By-laws. This Division is also responsible for enforcement of parking infractions.

BY-LAW CONTACT INFORMATION

- Follow Markham By-law on Twitter [@MarkhamBylaw](#) (Please note that this account is not monitored 24/7)
- For service requests, call 905.477.5530, e-mail contact@markham.ca or visit www.markham.ca

PROPERTY LINES



- It is important to know your property lines - a lot of people are unaware of where or how property lines are distinguished between both City and private property.
- Property lines are determined by the homeowner's property survey from when the property was originally purchased.
- If someone does not have a property survey, it is advisable to hire an Ontario Land Surveyor to assist with this determination.



FALL SEASON SAFETY TIPS



- With the fall season quickly approaching, there are things we can do to make sure we are enjoying the season safely.
- Be cautious of back to school traffic - With school back in session, there will be more traffic on the roads in the morning and afternoon. Make sure you give yourself enough time to get where you need to be.
- Watch your speed and be careful in school zones
- Watch out for fallen leaves! They can pose a hazard when you are walking or driving, as they can get very slippery.
- Ensure walkways and catch basins are free of leaves and debris.
- Be prepared for all types of weather.

TIME CHANGE



Daylight savings time ends on November 6, 2022 and we gain one hour of sleep! Our bodies may not be quick to adapt to this change, it is important to support yourself during this change. Here are some things you can do:

- Stick to a consistent sleep schedule.
- Limit your screen time at least half an hour before bed.
- Create a night time routine that suits you.



The fall season brings Halloween! Both children and adults look forward to this time of year, where they can dress up in a costume and be whatever they want for the day.

Here are some safety tips for when you are out and about:

- Wear something reflective and carry a flashlight
- Avoid wearing masks with costumes, as they make it harder to see
- Make sure to choose a comfortable costume

BRIGHT SPOTS

"I just wanted to thank you and your team for the very quick response to this issue. We all have a lot going on these days and it's really nice to have staff taking care of things so professionally."

"To our Parking Team:

Because I don't own a credit card, you expressed such generous humanity and altered the rules to accommodate me to provide cheques for my monthly parking passes. I'm so grateful for your heart-warming empathy, understanding and care that you showed during the few months that I was in such need. You're a remarkable person and I'll never forget the mercy you expressed during the saddest days of my life."



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宗旨

通过公共教育，鼓励学生，推动包融，启发创新和建设社区，以学生成就和身心健康发展

理念

增强所有学生参与以成为关心社会的世界公民，并成为在公共教育的一位领袖

APS 学校七个价值

- 公民责任
- 同理心
- 包融
- 创新
- 关系
- 自觉
- 乐观

Inspire Learning!

Aldergrove Public School Community Newsletter October 14, 2022, Vol.4

Translation from here: 从这里翻译:

来自办公室的消息.....

敬爱的家长们,

昨晚我们举行了今年的第一次学校家长会，其中包括选举家长会行政职位。我们感谢 Ivy Lo 为我们的家长翻译会议过程。我们很高兴地宣布学校家长会选举的结果:

联合秘书 - Anthea Bailie 和 Prakash Nadesparan,

司库——Carol Ye.

家长会联合主席 - Maxine Knight 和 Shahida Fazel.

这是建立一个将经验和创新的声音融合在一起的协作社区的积极步骤。下次学校家长会将于 2022 年 12 月 1 日星期四下午 6:30 举行。邀请所有家长参加。

作为承认伊斯兰遗产月的一部分，学者们选择了一个以阿拉伯语表演的“O Canada”版本。这是承认不同穆斯林加拿大人贡献的一个例子。我们将继续以不同的方式联系和确认我们穆斯林学者的身份，并欢迎家庭提供意见以分享这种学习伙伴关系。

我们很高兴能在 Aldergrove 与您一起继续学习之旅。我们的首要任务仍然是建立安全的空间，让学者们觉得他们很重要并属于他们，并优先考虑为所有人提供一个具有吸引力和包容性的学习空间。

Ms. Jessa
校长

Mr. Pamayah
副校长

十月份

伊斯兰遗产月

2SLGBTQI (所有非异性恋者) + 历史月

国际步行上学月

妇女历史月

如果您能支持我们为我们的学者创造身份确认空间的努力，请在办公室告诉我们。

即将到来的日期

- 10月18日 - 万锦公共图书馆到访
- 10月20日——Sajida Chajpar 的紫色精神日和画画之夜
- 10月21日 - PA 日 (不上学)

10月24日 - 排灯节
10月31日 - 万圣节
11月3日 - 欢迎在下午6:30 来到 Aldergrove
11月8日 - 7级接种疫苗
11月10日 - 2年级Milne Outdoor Ed Ctr
11月11日 - 国殇纪念日 / 2年级Milne Outdoor Ed Ctr
11年17/18日 - 家长教师访谈

Aldergrove 的午餐计划

周二：三明治午餐

周三/周五：披萨午餐

星期四：Lunch Lady 的热午餐，每周三之前[在线订购](#)。

自我筛选过程

[自我筛查过程：每天进行](#) 学生每天都需要筛查 COVID-19。按照指示确保我们学校社区所有成员的安全。

学校家长会

学校家长会很高兴欢迎 Aldergrove 社区的所有新家庭和回归家庭。我们期待着在今年重新建立联系并重新点燃社区精神！

请查看今年计划的会议日期，并在您的日历上标记它们。每次会议都提供托儿服务和语言翻译。

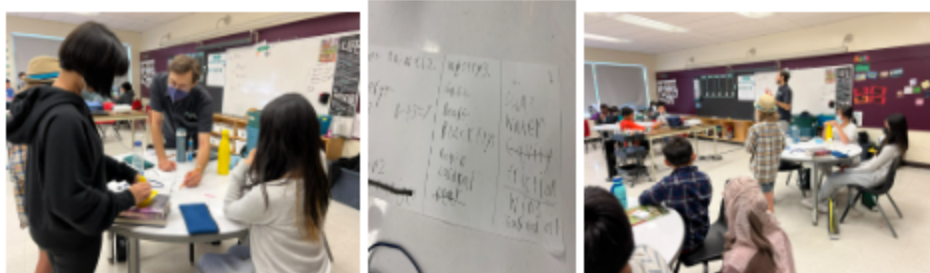
2022年12月1日，星期四

2023年2月23日，星期四

2023年5月18日，星期四

TRCA 5 年级研讨会

我们的5年级学者参加了由多伦多和地区保护局 (TRCA) 主办的研讨会。他们喜欢了解不同形式的能量以及我们如何消耗能量。受益于 TRCA 的专业知识真是太好了。



到校

我们鼓励所有学者早上准时到达。8:25 排队的铃声响起，邀请学者在这个时候进入学校，开始宣布土地致谢和 O Canada。迟到会延迟一天的开始和教室学习。

小学牙齿检查计划

约克地区公共卫生部门已恢复学校的牙齿筛查计划。公共卫生人员将于 2022 年 12 月 12 日、13 日和 14 日开始访问 Aldergrove。



校车环路安全

请不要将您的车辆停放在上下车接送区或校车环路内，因为接送上下车可能不安全。

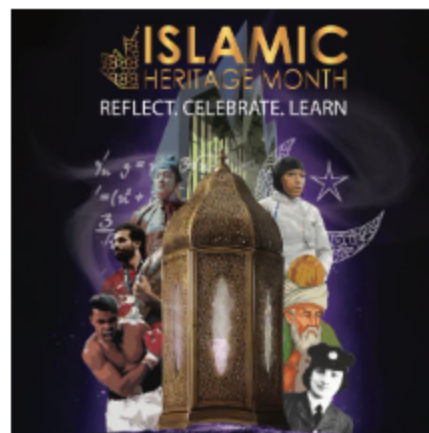


[8 年级开放日信息之夜](#)

我们的 YRDSB 高中提供许多课程，包括 IB 和艺术。请参阅链接以获取更多关于我们高中开放日信息之夜的信息以及有关[中学过渡的信息](#)。

十月是伊斯兰遗产月

10 月是伊斯兰遗产月，该月由加拿大政府于 2007 年正式设立。伊斯兰遗产月是了解伊斯兰教丰富历史、伊斯兰教内部广泛多样性以及打破刻板印象和信仰的绝佳机会。打断我们的包容目标。学生可以参与庆祝这一传统的活动和学习机会，并将作为全年融入和肯定穆斯林身份的切入点。伊斯兰恐惧症仍然是穆斯林或被认为是穆斯林的学生的福祉和学业成功的重大障碍。约克区教育局将公平作为一项基本实践的承诺认识到，只有在有意破坏和消除偏见、障碍和权力动态时，才能实现服务不足和表现不佳的学生公平获得机会和成功。



十月是 2SLGBTQI+ 历史月

10 月是为了纪念两个精神、女同性恋、男同性恋、双性恋变性者（非异性恋者）和具有相关身份的个人在我们当地社区、国内和国际上产生的影响。这是一个让人们了解 2SLGBTQ+ 社区在加拿大和国外所做贡献的机会。



在我们的学习和工作环境中肯定性和性别多样性意味着我们承认我们的 2SLGBTQ+ 社区内的多样性，并承认我们的学生和教职员工中存在土著、种族、残疾人和其他多样化身份。同样，有关 2SLGBTQ+ 历史的知识有助于解决导致同性恋和顺性别主义的系统性障碍。

需要十字路口守卫员：

我们的十字路口守卫员已经退役。任何想要在上下学接送期间支持我们学校社区感兴趣的社区成员，请致电 (905) 470-2227 与办公室的 Ivy Lo 或 Myrna Habbib 联系。

越野赛

我们4-8年级的学生一直在接受越野跑训练。这是我们的一位5年级学者写的关于她在越野方面的经历的报告。

今年我很高兴能加入越野俱乐部。在练习的时候，我觉得我可以跑很远的距离，但当我开始练习时，我意识到我真的必须跑。我的父母鼓励我，并告诉我跑步时要调整自己的速度。他们说一开始不要跑得太快，以节省我的精力，以便在比赛结束时加快速度。我觉得我已经准备好了，我会在比赛中表现出

出色。当我们到达比赛时，有很多人。我很紧张，但我很高兴爸爸来为我加油。我为自己感到骄傲。我越过了终点线，在大约 100 名赛车手中排名第 26。我没有资格参加地区赛，但我为自己今年尝试越野而感到自豪。

劳伦，五年级

